

CONTRAINDICATION for K-1 Whole Body Vibration Machine

- Pregnancy
- Acute Thrombosis
- Serious Cardiovascular Disease
- Pacemaker and Implantable Cardioverter Defibrillator
- Recent Wounds from an Operation or Surgery
- Artificial Joints (recent)
- Recently Paced IUD's, Metal Pins, or Plates
- Acute Hernia, Discopathy, or Spondylosis
- Type I Diabetes
- Epilepsy
- Severe Migraines
- Tumors (cancerous)
- Retinal Detachment, Known Retinal Conditions
- Head Injuries, Known Neurological Conditions
- Pulmonary Embolism
- Poor Samato Sensory Receptor on Feet Planar Surfaces

Warning:

Read and follow all instructions and warnings and obtain proper instruction prior to using this equipment. Please consult a physician or physical therapist before using the K-1 if you suffer from any of the conditions listed above. This device may not be suitable for all users. Strong vibration affecting the neck and head can occur when using positions other than standing, consulting a physician for approval is recommended. Failure to use appropriate caution could result in serious injury. Misuse of this machine may result in serious injury. Keep children away from this equipment. User weight must not exceed 350lbs. Failure to follow these safeguards may result in serious injury or health problems. If you do not have a User's Manual call 602-485-3621 to obtain one.

Caution:

Stop exercising if you feel pain, faint, dizzy, or short of breath.